GIRL SHINE

Space to learn, grow and lead

Girl Shine gives adolescent girls in Baidoa a safe space, trusted mentors and the skills and knowledge to protect themselves and plan their futures.



Girl Shine participants hold their dignity kits at graduation, Baidoa, July 2026. Faces are covered to protect their identity. Photo: READO

20
adolescent girls graduated from the curriculum
8 July 2026 · Baidoa

9
weeks of safe-space sessions
6 May – 8 July 2026

20
dignity kits with reusable menstrual pads distributed
At graduation · July 2026

3,411
people reached by the wider protection programme
Apr–Jul 2026 · Sida, with IRC

CENTRAL MESSAGE

When adolescent girls have a safe space, trusted female mentors and the right information, they speak up, stay safer and plan their futures. Girl Shine gives girls in Baidoa that space.

What we do

A SAFE SPACE

Girls meet in a girls-only safe space with trained female facilitators, where they can talk openly, build friendships and get support.

LIFE-SKILLS CURRICULUM

Nine weeks of structured sessions using the International Rescue Committee's Girl Shine curriculum, adapted to the Baidoa context.

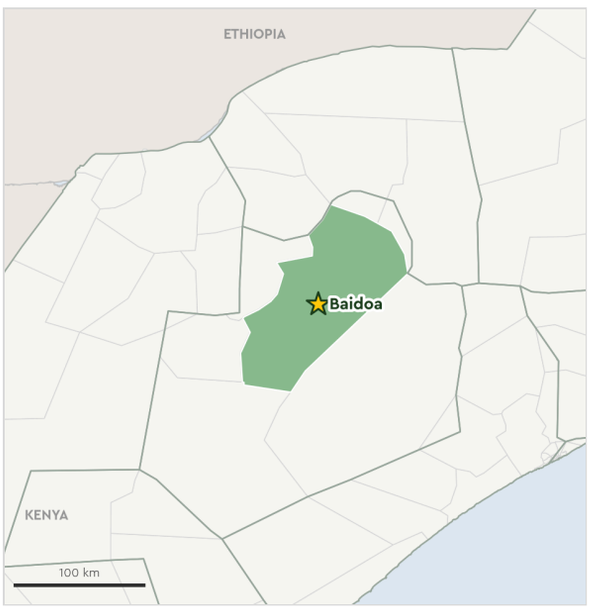
HEALTH AND DIGNITY

Sessions on puberty, menstrual hygiene and sexual and reproductive health, and dignity kits with reusable pads at graduation.

LINKS TO SERVICES

Girls who need more support are referred safely to READO's GBV case management and adolescent-friendly health services.

01 Where we work



Districts with Girl Shine programmes ☆ Head office

Baidoa Girl Shine safe-space sessions

Linked services GBV case management and READO's Kulmis and Bula Jima health facilities

02 What the girls learn

01
Rights and protection
Knowing their rights and where to go for help.

02
Safety and GBV prevention
Recognising risks and making a personal safety plan.

03
Life skills and confidence
Communication, decision-making and self-esteem.

04
Leadership and voice
Speaking up and supporting other girls.

05
Health and puberty
Menstrual hygiene and reproductive health.

06
Wellbeing and peers
Psychosocial support and lasting friendships.

Curriculum themes as delivered in the 2026 cohort; Girl Shine is a curriculum developed by the International Rescue Committee.



8 July

Graduation day: 20 girls completed the full curriculum and celebrated with their mentors and partners

Baidoa, 2026

03 Project at a glance

Project	Women's Protection and Empowerment (WPE), including Girl Shine
Funding	Sweden, through the Swedish International Development Cooperation Agency (Sida)
Partner	International Rescue Committee (IRC)
Location	Baidoa, Bay region, Southwest State
2026 cohort	6 May – 8 July 2026 · 20 adolescent girls graduated
Programme period	2025–2026

WE WORK WITH

Sweden (Sida) · International Rescue Committee (IRC) · Southwest State Ministry of Health and Ministry of Women · GBV Area of Responsibility · Protection Cluster · community leaders and caregivers in Baidoa

WORK WITH US

READO is ready to run more Girl Shine cohorts and extend the model to other districts of Southwest State. Contact info@readosom.org.

Funded by Sweden through Sida, in partnership with the International Rescue Committee. Its contents are the sole responsibility of READO. No participant is named. Photos are used with consent.

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